

THE WHOLE HAND RULES CHART

FOR THE WHOLE HAND RULES LESSON



Print, cut, and assemble this chart if you are teaching The Whole Hand Rules Lesson.

Gather materials:

PRINT this document or ORDER a durable physical set from Colin's Hope.

Scissors

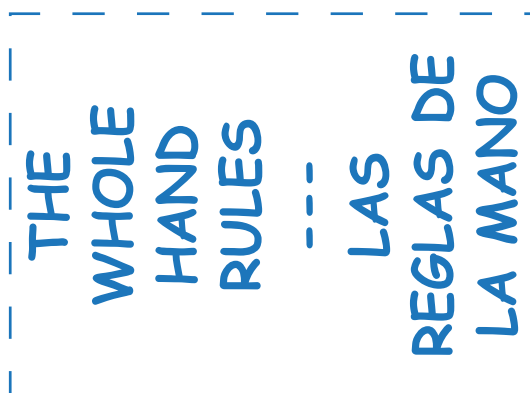
Glue or Velcro pieces

Lamination sheets and machine (optional)

Instructions:

CUT out the pieces below. Assemble The Whole Hand Rules using glue or tape to match the image on this page. **Optional:** Laminate the hand and pieces separately. Then, attach Velcro to each piece so that kids can assemble/disassemble the hand to practice each rule!

TEACH The Whole Hand Rules of water safety! Watch this video or print the lesson here.



WEAR A LIFE JACKET --- CHALECO SALVAVIDAS	FOLLOW WATER SAFETY RULES IN OPEN WATER --- SIGUE LAS REGLAS EN AGUA ABIERTA
LEARN TO SWIM --- APRENDER A NADAR	STAY AWAY FROM DRAINS --- ALEJATE DE LOS DRENAJES
WAIT FOR A GROWN UP --- ESPERAR A UN ADULTO	GROWN UPS SHOULD WATCH YOU --- SUPERVISION ADULTA

Visit www.drowningispreventable.org for more activities!

THE WHOLE HAND RULES LAS REGLAS DE LA MANO



Hi, I'm Colin &
this is Buddy!
Let's learn about
Water Safety!

