

WAIT FOR A GROWN UP




COLIN'S HOPE
www.colinshope.org

ESPERAR A UN ADULTO

WAIT FOR A GROWN UP

Hand Motion: Point to a grown up



PREPARE THE LESSON

Gather your materials:

PRINT the large icon Wait For A Grown Up

ENSURE that the Interactive Curriculum is compatible with your device.

Objectives:

Learn who a grown up can be

Understand that asking for permission is the first step before going near any kind of water

Learn the Wait For A Grown Up song



TEACH WAIT FOR A GROWN UP - Use the script below OR watch the video on the Interactive Curriculum

If you have printed the large icon, use it to show the picture of this rule.

Teacher: Simple rules can help keep you safer around water. When we talk about water safety we mean making choices around water that keep you from getting hurt. Can you think of some places where you can find water? **Answers: A pool, bathtub, beach, river, a backyard, buckets, ponds, sinks, toilets, kiddie pools, and more** Let's talk about ways that we can be SAFER.

- This picture means WAIT FOR A GROWN UP. **Hold up WAIT FOR A GROWN UP card.** You should always wait for a grown up before getting in the pool or going near water, even at home.
- We can remember this rule by pointing to a grown up! **Help kids remember this rule by pointing to a grown up in the room when you see this.**
- Who are some grown ups that we know? **Need them to understand that people like Mom, Dad, teachers, babysitters, aunts, uncles, and grandparents are grown ups. Their friends are NOT grown ups.** Stay safer by ALWAYS waiting for a grown up before going into or near water like pools, bathtubs, beaches, and rivers. Can you think of other places that might have water? Your grown up is someone like your mom, your dad, your grandparent or your teacher. Are you a grown up? **No.** You are kids, and you all are awesome!
- Let's sing a song about waiting for a grown up. Are you ready? Repeat after me. **Sing "Wait For a Grown Up" (ON NEXT PAGE) twice, with the students repeating after each line. Audio version of this song can be found on the online resource page.**



WAIT FOR A GROWN UP

Before I swim or get in a pool
Waiting for a grown up is the rule!
Before I jump in, what will I do?
I'll wait for a grown up!
(louder) I'll **WAIT FOR A GROWN UP!**



- *After singing the song twice ask these questions:*
 - Where can you find water? *Pool, bathtub, backyard, beach, river, pond, toilet*
 - Who should you wait for if you want to get in the bathtub? *A grown up, Mom or Dad, Grandma, Grandpa, babysitter*
 - Who should you wait for if you want to go swimming? *A grown up, Mom or Dad, my teacher*
 - Should you ever go swimming by yourself? *Only correct answer: No, I should wait for a grown up.*
 - Should you ever get in the water by yourself, even at home? *Only correct answer: No, I should wait for a grown up.*
 - Who do we know that is a grown up? *Mom, Dad, teacher, swimming teacher, grandparents, babysitter, etc.*

Lesson wrap up: *Sing the song one more time, all together. You may also review The Whole Hand Rules chart and matching hand motions.*

WATER SAFETY WITH COLIN & FRIENDS ASSESSMENT

Take the quiz to see how much YOU remember about water safety!



YOU DID IT! YOU CAN BE SAFER WHEN YOU WAIT FOR A GROWN UP!

Complete the program assessment in one of two ways:

COMPLETE THE INTERACTIVE CURRICULUM ASSESSMENT OR

USE THE PRINTABLE ASSESSMENT below to review what your class has learned (correct answers in **BLUE**).

Remember to PRINT THE CERTIFICATE OF COMPLETION!

1 Who should you wait for before going into or near water?

- A. A Friend
- B. A Grown Up**
- C. Buddy

2 What is the **FIRST** thing you should do before going into or near any kind of water?

- A. Ask A Grown Up For Permission**
- B. Splash In The Mud
- C. Read A Book

3 Select all of the **GROWN UPS**.

- A. Mom and Dad**
- B. Grandpa**
- C. Kids
- D. Aunt**

