

# GROWN UPS SHOULD WATCH YOU



  
COLIN'S HOPE  
[www.colinshope.org](http://www.colinshope.org)

# SUPERVISIÓN ADULTA

# GROWN UPS SHOULD WATCH YOU

Hand Motion: Put hands over eyes like binoculars



## PREPARE THE LESSON

Gather your materials:

PRINT the large icon Grown Ups Should Watch You  
ENSURE that the Interactive Curriculum is compatible with your device.

Objectives:

- Learn who a grown up can be
- Where grown ups should watch you
- What is a distraction
- How to remind our grown up to watch us around water



## TEACH GROWN UPS SHOULD WATCH YOU - Use the script below OR watch the video on the Interactive Curriculum

If you have printed the large icon, use it to show the picture of this rule.

**Teacher:** Simple rules can help keep you safer around water. When we talk about water safety we mean making choices around water that keep you from getting hurt. Can you think of some places where you can find water? **Answers: A pool, bathtub, beach, river, a backyard, buckets, ponds, sinks, toilets, kiddie pools, and more** Let's talk about ways that we can be SAFER.

- This picture means GROWN UPS SHOULD WATCH YOU. Hold up GROWN UPS SHOULD WATCH YOU card.
- We can remember this rule by putting on our binoculars! Help kids remember this rule by cupping their hands around their eyes like binoculars.
- Who do we know that is a GROWN UP? Mom, Dad, Aunt, Uncle, Grandma, Grandpa, Babysitter, Camp Counselor, or Teacher.
- Who should watch you when you are around any kind of water like the bathtub, pool, lake, beach, or river? A GROWN UP!
- Grown ups (or adults) need to be WATER WATCHERS for you. That means they should be actively supervising you and completely undistracted.
- A "distraction" is something that takes away your attention. If I'm talking to you and someone else calls your name, THAT is a distraction. Can you think of some things that can be a distraction to grown ups? **Good answers: PHONES, friends, other children, reading books, cooking, chores like laundry and cleaning, siblings, and more.**
- If your grown up becomes distracted, you can POLITELY remind them to watch you by saying, "Hey, Grown Up! Please watch me while I'm around water." Practice saying that now!

**Lesson wrap up:** Review GROWN UPS SHOULD WATCH YOU and hand motion.

# WATER SAFETY WITH COLIN & FRIENDS ASSESSMENT

Take the quiz to see how much YOU remember about water safety!



## YOU DID IT! YOU CAN BE SAFER WITH THE WHOLE HAND RULES!

COMPLETE THE INTERACTIVE CURRICULUM ASSESSMENT OR USE THIS PRINTABLE ASSESSMENT to review what your class has learned (correct answers in **BLUE**).

Remember to PRINT THE CERTIFICATE OF COMPLETION!

1

Select all of the GROWN UPS.

- A. Mom and Dad
- B. Grandpa
- C. Kids
- D. Aunt

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What can you do if your grown up is NOT watching you?

- A. Politely remind them to watch you
- B. Stay in the water to play
- C. Get in the bathtub

2

Where should grown ups watch you in and around water?

- A. Playing in the backyard
- B. At the lake
- C. During bathtime
- D. Anytime someone is in the water

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What kinds of things can distract grown ups from watching you?

- A. Phones
- B. Staying close to you around water
- C. Books
- D. Talking to other grown ups

